

STUDENT DISCUSSION GUIDE

Sermon on the Mount – Session 6

What Kind of Foundation Is Your Life Built On?

Matthew 7:13–27

Session Focus

Jesus concludes the Sermon on the Mount by calling His listeners to make a choice. This session invites us to examine whether we are simply hearing His words—or truly building our lives upon them.

Opening Reflection

Think about something you’ve built, repaired, or relied on that later failed because of what was underneath.

- What happened?
 - What did that experience teach you about foundations?
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Scripture Reading

Read **Matthew 7:13–27**.

As you read, notice the repeated contrasts Jesus uses and what they reveal about following Him.

Key Idea

Jesus teaches that the stability of a person’s life is not determined by what they *know*, but by what they *do* with His words.

PART 1: TWO GATES & TWO ROADS

(Matthew 7:13–14)

Jesus describes two paths people can take in life:

- A **wide gate** with a broad road
- A **narrow gate** with a difficult road

Reflection Questions



1. What do you think makes the wide road appealing to so many people?
2. Why do you think Jesus describes the narrow road as difficult?
3. In what ways do you see these two paths reflected in everyday life today?

Personal Notes:

PART 2: TRUE & FALSE DISCIPLES

(Matthew 7:15–23)

Jesus warns that outward religious activity does not necessarily indicate a genuine relationship with Him. Words, appearances, and even impressive actions are not the same as obedience.

Reflection Questions

4. Why do you think Jesus emphasizes actions over words?
5. What are some examples of religious activity that may lack genuine obedience?
6. How can we examine our own lives honestly without judging others?

Personal Notes:

PART 3: TWO FOUNDATIONS

(Matthew 7:24–27)

Jesus compares two builders:

- One builds on **rock**
- One builds on **sand**

Both hear His words.

Both experience storms.

Only one foundation lasts.



Reflection Questions

7. Why do storms reveal the foundation of a life rather than create it?
8. What kinds of “storms” test a person’s faith today?
9. What does it look like, practically, to build your life on Jesus’ words?

Personal Notes:

Personal Reflection

Take a few moments to reflect quietly.

- Where do you see your current foundation?
- Are there areas where you hear Jesus’ words but struggle to live them out?
- What is one step of obedience God may be inviting you to take?

Personal Response:

Closing Prayer

Ask God to help you not only hear His Word, but live it. Pray for courage to follow Jesus faithfully, even when the path is difficult.

Optional Take-Home Practice

This week:

- Re-read Matthew chapters 5–7
- Choose **one teaching of Jesus** and intentionally practice it
- Reflect on how obedience shapes the foundation of your life



Final Thought

Jesus does not promise a storm-free life.

He promises a **firm foundation** for those who build on Him.

