

STUDENT STUDY GUIDE

SESSION 6 – I AM THE RESURRECTION AND THE LIFE

John 11:1–44

SESSION FOCUS

In this session, Jesus makes one of His most powerful **“I AM” statements**:
“I am the resurrection and the life.”

These words are spoken not in a moment of triumph, but in the middle of **grief, loss, and unanswered questions**. This study invites you to explore how Jesus meets human suffering with compassion, presence, and life-giving power.

Rather than offering quick answers, Jesus reveals Himself as **life itself**—both for the future and for the present moment.

OPENING REFLECTION

Before reading, pause and reflect honestly.

- Where have you experienced loss, disappointment, or waiting?
- How do you typically respond when God seems delayed or silent?
- What emotions surface when you think about death, grief, or hope?

(You may want to write a few notes before moving on.)

SCRIPTURE READING

Read **John 11:1–44** slowly.

As you read, pay attention to:

- The emotions expressed by different people
- Jesus’ timing and responses
- What Jesus says about life, belief, and resurrection

Do not rush. Notice where the story feels uncomfortable, confusing, or deeply meaningful.

KEY IDEA



Jesus does not simply promise resurrection someday.
He declares that resurrection and life are found in Him.

Life in Christ is not only about the future—it begins now.

PART 1: WHEN GOD SEEMS LATE

Lazarus becomes seriously ill, and Jesus is told about it. Yet Jesus does not come right away. By the time He arrives, Lazarus has already died.

This delay raises difficult questions about trust, timing, and faith.

Reflection Questions

- How do you imagine Martha and Mary felt while waiting?
- Why do you think Jesus did not come immediately?
- How do you respond when God's timing does not make sense?

Personal Notes:

PART 2: FAITH MIXED WITH GRIEF

When Martha meets Jesus, she speaks honestly. She believes in Him, yet she is also deeply hurt and disappointed.

Her words reflect both **faith and pain**.

Reflection Questions

- What do you notice about Martha's faith?
- Where do you hear both trust and disappointment in her words?
- How comfortable are you being honest with God about your feelings?

Personal Notes:

PART 3: I AM THE RESURRECTION AND THE LIFE

Jesus responds to Martha with a bold declaration:

"I am the resurrection and the life."

He does not point to an idea or a future event. He points to Himself.

Reflection Questions



- What is Jesus claiming about His identity?
- How does this statement change the way you think about life and death?
- What does it mean to believe in Jesus beyond intellectual agreement?

Personal Notes:

PART 4: JESUS AND HUMAN SORROW

As Jesus approaches the tomb, He weeps.

Even knowing what He is about to do, Jesus enters fully into grief and loss.

Reflection Questions

- Why do you think Jesus wept?
- What does this reveal about God's heart?
- How does this shape your understanding of suffering and faith?

Personal Notes:

PART 5: ROLLING AWAY THE STONE

Before Lazarus is raised, Jesus asks others to roll away the stone. There is hesitation and fear.

New life often requires trust before results are visible.

Reflection Questions

- What fears or doubts do you hear in this moment?
- What might the "stone" represent in your own life?
- Where might God be inviting you to trust Him more deeply?

Personal Notes:

PERSONAL REFLECTION

Take a few quiet moments.

- Where do you need resurrection or renewed life right now?
- What feels buried, closed off, or hopeless?
- What would it look like to trust Jesus as life in your present situation?



Personal Response:

CLOSING PRAYER

In your own words, or silently, pray for:

- **Hope in places of loss**
 - **Trust in Jesus beyond circumstances**
 - **Openness to the life Christ offers**
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OPTIONAL TAKE-HOME PRACTICE

This week:

- Re-read **John 11:25–26** each day
 - Notice where fear or hope shows up in your thoughts
 - Ask yourself: **Where do I need to trust Jesus as life today?**
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FINAL THOUGHT

Jesus did not avoid grief.
He entered it.

And in the middle of sorrow, He revealed a deeper truth:

Life is not found in avoiding death—but in trusting the One who overcomes it.

