



FORMED BY THE WORD

A 6 PART STUDY ON THE BIBLE & SPIRITUAL GROWTH

Session 2: Open My Eyes

*Why can't I see what God is
doing?*

Introduction – Seeing but Not Recognizing

Most people do not struggle with a lack of information about God.

They have read Scripture.

They have heard sermons.

They have learned the language of faith.

And yet, many still feel unsure about what God is doing in their lives.

- Decisions feel unclear
- Direction feels uncertain
- God's presence feels difficult to recognize

The issue is often not that God is absent.

The issue is that we do not always see clearly.

Psalm 119 begins this section not with confidence, but with a prayer:

Read Scripture: Psalm 119:18

The psalmist does not ask for more information.

He asks for sight.

This reveals an important truth:

Spiritual clarity is not something we achieve.

It is something God gives.

Reflection

When you think about your current season of life, where do you feel unclear about what God is doing?

Movement 1 – God Must Open Our Eyes

The psalmist is already committed to God.

He already knows God's Word.

And yet, he still prays:

Read Scripture: Psalm 119:18–20



This tells us that **familiarity with Scripture is not the same as understanding it.**

A person can:

- read the Bible
- hear truth
- even believe it

...and still miss what God is showing them.

This is why spiritual sight is always dependent on God.

Read Scripture: Ephesians 1:17–18

Paul prays not for unbelievers, but for believers—that their eyes would be opened.

This means:

- You can follow God and still need clarity
- You can know truth and still need illumination

Read Scripture: Luke 24:30–32

The disciples walked with Jesus, listened to Him, and still did not recognize Him—until their eyes were opened.

Nothing changed externally. Recognition changed internally.

Reflection

Read Psalm 119:18 again.

What specifically is the psalmist asking God to help him see?

Read Ephesians 1:17–18.

What does Paul say needs to be opened in order for understanding to happen and why does he say this is important?



Movement 2 – What Keeps Us From Seeing Clearly

The psalmist identifies a major obstacle to spiritual clarity:

Read Scripture: Psalm 119:21–24

He connects wandering with arrogance.

Biblically, arrogance is not just pride in behavior.

It is the assumption that we already see clearly.

This can show up as:

- trusting our own instincts first
- resisting correction
- assuming we already understand what God is doing

Jesus speaks directly to this issue.

Read Scripture: John 9:39–41

Those who think they see clearly often remain blind.

Those who admit they cannot see are the ones who receive sight.

This is why humility is essential.

Read Scripture: Proverbs 3:5–6

Trusting God requires releasing confidence in our own understanding.

Reflection

Read Psalm 119:21–24.

According to this passage, what is the result of arrogance? What happens to those who assume they already understand?

Where in your life might you be relying more on your own understanding than seeking God's direction?



Movement 3 – Clarity Leads to Direction

Once the psalmist asks for clarity, his prayer shifts.

Read Scripture: Psalm 119:33–36

He does not just ask to see.

He asks to be led.

- “Teach me...”
- “Give me understanding...”
- “Make me walk...”

This shows that **clarity is not the end goal—direction is.**

God does not open our eyes simply so we can understand more.

He opens our eyes so we can walk differently.

Read Scripture: James 1:22–25

Understanding without action leads to no transformation.

Read Scripture: Psalm 119:35

The psalmist connects God’s path with delight.

Obedience is not restriction.

It is alignment with what leads to life.

Reflection

Read Psalm 119:33–36.

What specific requests does the psalmist make of God in these verses?

What does this reveal about the relationship between understanding and obedience?



Movement 4 – Reorienting Our Attention

The psalmist recognizes that what we focus on shapes what we see.

Read Scripture: Psalm 119:37–40

He asks God to turn his eyes away from “worthless things.”

This is not necessarily referring to obvious sin.

It refers to anything that captures attention but does not give life.

Spiritual clarity is not only about what we look at.

It is about what we repeatedly focus on.

Read Scripture: Matthew 6:22–23

Jesus teaches that what fills our vision affects our entire life.

Read Scripture: Colossians 3:1–2

We are called to set our minds on things above.

What we consistently focus on will shape:

- our desires
 - our decisions
 - our direction
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Reflection

Read Psalm 119:37.

What does the psalmist ask God to turn his eyes away from?

What are some things in your life that may be capturing your attention but not giving life?

Summary – From Sight to Direction

Psalm 119 teaches us that spiritual clarity is not automatic.



- God must open our eyes
- Humility makes us teachable
- Clarity leads to obedience
- Attention shapes what we see

The question is not simply:

“Do I know what God says?”

But:

“Am I willing to see what God is showing me?”

Final Reflection

What is one area of your life where you sense God may already be showing you the next step—but you have been hesitant to follow?

Practice for the Week

Each day this week, begin with a simple prayer:

“Lord, open my eyes.”

Then:

- **Read** – Psalm 119:17–40 slowly
- **Return** – Revisit verse 18 throughout the day
- **Reflect** – Ask: What is God showing me right now?
- **Respond** – Take one small step of obedience based on what you see

Additionally:

Write down one insight each day from Scripture and one way you will respond to it.

The goal is not just to see—but to follow.

