

FACILITATOR / TEACHER GUIDE

SESSION 7 – LEAD US NOT INTO TEMPTATION, BUT DELIVER US FROM EVIL

Learning to Pray With Awareness, Dependence, and Trust

PURPOSE OF THIS SESSION

As the Lord's Prayer draws toward its conclusion, Jesus addresses the **reality of human vulnerability**. After teaching us to trust God for provision and forgiveness, He invites us to pray honestly about **temptation, weakness, and the presence of evil**.

This session explores prayer not as confidence in our own strength, but as **dependence on God's guidance and protection**. Jesus assumes that temptation and struggle are part of life—and teaches us to bring those realities into prayer without shame.

The purpose of this session is to help participants reflect on temptation, discernment, and spiritual danger, and to see prayer as a place of **watchfulness, humility, and trust in God's care**.

INTENDED USE

This lesson is designed for **personal preparation and group discussion**. Participants should complete the Student Guide before the group gathering.

The facilitator's role is to:

- Normalize struggle and vulnerability
- Avoid fear-based or moralistic teaching
- Keep the focus on dependence rather than self-control
- Emphasize God's guidance and protection

This session should feel **honest, grounded, and reassuring**, not anxious or heavy.

LEARNING OBJECTIVES

By the end of this session, participants should be able to:

- Understand why Jesus includes temptation in daily prayer
- Recognize human vulnerability as assumed, not condemned
- Reflect on the difference between temptation and sin
- See prayer as a means of guidance and protection



- Trust God's presence amid spiritual struggle
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FACILITATOR PREPARATION

Before leading the session:

- Reflect on how you understand temptation and weakness
- Consider cultural messages about strength and self-control
- Be prepared for personal or sensitive reflections
- Avoid framing temptation as failure
- Emphasize God's faithfulness rather than human effort

Hold the session with calm confidence in God's care.

SESSION FLOW (60–75 MINUTES)

1. WELCOME AND OPENING PRAYER (5 MINUTES)

Welcome participants and gently introduce the theme.

You may say:

“Today we come to a part of the prayer that acknowledges something very human—that we are vulnerable, and we need God's guidance and protection.”

Open with prayer, asking God to:

- Create honesty and safety
- Increase awareness and trust
- Guard hearts and minds

Suggested prayer focus:

- Dependence on God
 - Awareness and discernment
 - Trust in God's protection
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2. ORIENTING THE GROUP: NAMING VULNERABILITY (5 MINUTES)



Briefly frame the movement of the prayer.

Key points to highlight:

- This prayer assumes weakness, not strength
- Jesus invites honesty, not denial
- Protection is sought, not earned

Key teaching point:

Prayer acknowledges reality—it does not pretend we are stronger than we are.

3. DISCUSSION: “LEAD US NOT INTO TEMPTATION” (10 MINUTES)

Invite reflection on the language Jesus uses.

Discussion prompts:

- **What do you think Jesus means by temptation?**
- **Why do you think He teaches us to pray about it?**
- **How does naming temptation change how we face it?**

Facilitator guidance:

- Keep focus on awareness, not blame
 - Avoid moral comparison
 - Normalize struggle
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4. DISCUSSION: AWARENESS AND WISDOM (10 MINUTES)

Explore discernment rather than fear.

Key teaching point:

This prayer asks for guidance, not isolation.

Discussion prompts:

- **How does awareness help prevent harm?**
- **Where are people often most vulnerable without realizing it?**
- **How does prayer sharpen discernment?**

Encourage reflection, not self-exposure.



5. DISCUSSION: “DELIVER US FROM EVIL” (10 MINUTES)

Shift focus to protection and trust.

Discussion prompts:

- **What does it mean to ask God for deliverance?**
- **How does this prayer express trust rather than fear?**
- **Why is it important to acknowledge the reality of evil?**

Facilitator insight:

Naming evil is not dwelling on darkness—it is trusting God’s light.

6. DISCUSSION: DEPENDENCE OVER SELF-RELIANCE (5–10 MINUTES)

Contrast cultural assumptions.

Discussion prompts:

- **Why is self-reliance often valued more than dependence?**
- **How does this prayer challenge that value?**
- **What does spiritual dependence look like in daily life?**

Affirm humility as strength.

7. REFLECTION: WHERE DO I NEED GOD’S GUIDANCE? (5–10 MINUTES)

Invite inward reflection.

Reflection questions:

- **Where do you feel most vulnerable right now?**
- **What situations require greater awareness or wisdom?**
- **How might prayer become a place of protection?**

Allow silence. Do not rush.

8. INVITATION: PRAYING WITH AWARENESS (5 MINUTES)

Help participants look ahead.

Discussion prompts:



- **What would it look like to pray before temptation, not after?**
- **How might prayer increase awareness rather than fear?**
- **What is one area you want to entrust to God's protection?**

Encourage gentleness and realism.

9. CLOSING PRAYER AND BLESSING (5 MINUTES)

Close by thanking God for:

- Guidance
- Faithfulness
- Protection and care

You may end by slowly praying this line of the Lord's Prayer together.

Optional prayer focus:

- Trust
 - Wisdom
 - God's guarding presence
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KEY TAKEAWAY FOR FACILITATORS

This session is about **honest dependence**.

If participants leave with:

- Greater awareness of vulnerability
- Reduced shame around struggle
- Increased trust in God's protection

then the session has done its work.

Let prayer name reality.

Let dependence replace denial.

Let God be our refuge.

